

Strategies Applied:

•**Honeydew:** I always try to buy on sale – and I usually find the best prices on the per item type sales – when a honeydew goes on sale for \$1.99, for instance, as opposed to so much per pound. Honeydew is a great snack to have on hand, and if it looks like the family won't be eating it all, I cube it up and make a fruit salad. If you buy a large one, as mentioned above, the popsicles work great, or you can save out a few slices for general eating. Cost: \$1.99

•**Black Pepper:** Buy in bulk in the produce aisle and store in a cool dark place. If you don't have a pepper grinder or spice grinder, throw the peppercorns in a heavy pan and place another pan over them, crushing them. (The larger pan on the bottom keeps them from scattering all over your counter.)

•**Sugar:** Always on sale during holidays, especially the winter holidays, I try to never pay full price for sugar. Cost for 1/3 cup is about 3 cents.